The Bridge

A Monthly Journal devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Cooperative World Service

VOL. I JANUARY 15, 1953 No. 9

THE OLD AND THE NEW YEAR

As the Old Year closes, the sins, mistakes and failures of that year are bathed in the Flame of Mercy and Forgiveness and cut from each soul by the Lords of Karma in order that the Soul may enter the New Year free of the fetters created by its own error and in such a manner have a greater opportunity for progress, unfoldment and spiritual illumination.

If the outer consciousness co-operates with this spiritual freedom and offer their lifestream to the Ascended Host there can be a greater forward step in the transmutation of their nature—

BUT, if the outer consciousnes **insists** upon holding to the memories of the past, such memories are drawn over the threshold of the Old Year into the New and form a pattern of the New Year's experience again. This is the choice of each individual.

The New Year represents another opportunity for each soul and spirit to ride upon the Cosmic Tide higher into the Heart of Heaven, placing the years that have gone before into the cosmic incinerator of forgiveness and forgetfulness.

IF, this New Year, you could **seize** upon the purification that has affected your entire inner nature and try to live in the New Year as if there had never been an old, the limitations and evils would drop away because they are not eternal and only the **good** from the past year would endure and become a mantle of fragrance around you.

MAHA CHOHAN

THE LEGEND OF GLASTONBURY

> **Mathew 26:26— "And as they were eating, Jesus took bread and blessed it, and brake it, and gave it to the disciples, and said 'Take, eat; this is my body".**
>
> **26:27, 28— And he took THE CUP and gave thanks and gave it to them, saying "Drink ye all of it, For this is my blood of the new testament, which is shed for many for the remission of sins".**

And it came to pass that after the Master had so spoken, He, with his disciples, went out into the Mount of Olives, leaving the Cup of Communion on the table. And then it was, that Joseph of Arimathea, together with Mary, The Mother of Jesus, came unto the room wherein the Feast of the Passover was celebrated, and together They took the Cup, and wrapped it in Mary's Mantle, and carried it thither, to keep in a safe place, under the direction of The Lord God.

And after the days of the crucifixion and the resurrection and the Ascension were accomplished, it came to pass that Joseph of Arimathea prepared to journey into the Mendipp Hills, in the British Islands, to oversee his rich tin deposits, and the Lord apoke unto Him saying 'Joseph, take with Thee, the Beloved Mother of Jesus, and these others whom I shall appoint, and carry the Holy Grail westward to the land which shall sanctify It further in the days that are yet to come". And Joseph gathered together those appointed by the Lord, and together they went forth, coming at long last to the English seacoast, and there they disembarked with The Precious Cup. The long and arduous pilgrimage left them weary, but they did rest until they had found the place the Lord was to designate for the repository of the Holy Grail. And Joseph, with The Holy Mother, Mary and Martha, and St. Simon Zelotes, and Aristobulus and others came unto Glastonbury and they reverently secreted The Cup in the bottom of a Well until that future Time when some brave sons of men might choose to seek IT out for the blessings of their generation.

Through several centuries IT lay thus, concealed beneath the waters of The Well, until the Good King Arthur gathered round Him the Knights of the Round Table, endeavoring to establish and sustain a spiritual center through which the purpose and pattern of Our Lord might again be incorporated into the temporal lives of men.

Among these Knights was come again Good Joseph of Arimathea, whom they called Sir Galahad. And in God's good time, He, together with Sir Percival and Sir Boers, succeeded in remembering the location of the Holy Grail and looked upon IT for an instant, and the Light of the Grail shed forth

"THE GOD OF PATIENCE AND CONSOLATION GRANT YOU TO BE LIKE-MINDED ONE TOWARD ANOTHER",—Paul (Rom. 15:5).

Its Benediction upon the earth and all its peoples for a time.

After the dissolving of the Order of The Round Table and the death of King Arthur, century after century good monks abode in the vicinity of Glastonbury, and tended the Grail in spirit and in good works, and the Spiritual Ethers grew and waxed strong.

Because of the continued worship in this Holy Place, it was thought wise and good by the Powers of Light to establish an Etheric City over the Abbey of Glastonbury, peopled with Those who had loved The Christ in life, and who had served Him with their love.

Into this City passed many of the Knights at the close of their earthly pilgrimage, and many of the humble monks who served in the various Abbeys through the centuries. It is said that often The Presence of the Master Jesus and His Holy Mother Mary join this Brotherhood at Glastonbury Abbey in their meditations and with them pour out the blessings of the Risen Christ to all peoples everywhere.

And even to the present day, the discerning pilgrims who make the journey to the ruins of the Glastonbury Abbey and who visit the Holy Well at the foot of Chalice Hill FEEL the Presence of Sanctity in the pulsating ethers which are alive with the essence and the nature of the Christ and the holy men whose memory is hallowed here.

NEW YEAR GREETING

A Blessed and Holy Year be yours! filled with illumination, progress and spiritual development of the qualities and nature of your own Higher Self which is One with the Self of all Perfected Beings.

MAHA CHOHAN.

A VISIT TO GLASTONBURY

Excerpts from the diary of a student-pilgrim to Glastonbury Abbey, England, during the month of May 1948.

These lines are penned as we sit by the side of the Holy Well, in which the Holy Grail was placed by Joseph Arimathea when he visited England after the Crucifixion of Jesus. This well is situated in a secluded corner of an old English garden at the foot of what is called 'Chalice Hill', We stopped here on our way down the steep hillside and were glad to rest after climbing the high eminence of Tor Hill in order to look at the stone edifice on its summit, which commemorates the martyrdom of the last abbot of the Abbey at the time it was pillaged and destroyed by order of the Crown many centuries ago.

The House and Garden are now used as a Boys' School and one must enter the house in order to visit the Garden, for which they charge the small sum of one shilling .The well is situated in a secluded corner and has a bronze covering which is held in place by a stout lock and key. The custodian undid the lock and raised the cover so that we might look inside. He told us that the well is said to be built two hundred years B. C. and is of the same architecture as the pyramids. with the difference that this well is built *below* the surface of the earth.

He also said that no matter how dry the surrounding country gets, this spring gushes forth at the rate of 25,000 gallons of water per day. Besides the well, it feeds a large swimming pool for the boys and then meanders off down the hill, blessing man and beast and nature as it flows.

He showed us a bronze plaque, outlining the legend of the Holy Grail, telling of Joseph's visit and how he placed the Cup in the well for safe keeping until he would come again and claim it himself or send a trusted Messenger. It is said that this Holy Grail or Cup cannot be seen by the eyes of the profane.

The Garden and Well are not the property of the Abbey Custodians today, as they are about a mile from the ruins, but in days long past, all of the country hereabouts was owned by the monks.

The ruins of the abbey are surrounded by a high stone fence and only the walls of the different buildings are standing. These are all covered with English ivy; the grass all around is a vivid green and to see the place bathed in the sunlight of a glorious May Day was a never to be forgotten treat for the tired senses.

Part of the legend of the place is that Saint Patrick was abbot here once and we visited the little stone chapel (still in use) where he used to preside at Divine Worship. It is said that a company of Druidical priests lived at that time on the summit of Tor Mount and that Saint Patrick learned many of their secrets which helped him in the conversion of pagan Ireland somewhat later. It is part of the story that when his mission to Ireland was finished, he returned to Glastonbury where he spent his declining years and is buried in one of the vaults of the abbey.

Legend also says that King Arthur established his court here and the open grave in which he and Guinevere were said to be buried may be seen on the grounds. It is said that when the grave was opened their bodies were in a fair state of preservation and that Guinevere's long golden hair had grown down over their forms, but when

((Continued on page 60)

"TRIBULATION WORKETH PATIENCE, AND PATIENCE, EXPERIENCE, AND EXPERIENCE, HOPE"—Paul (Rom. 5:3-5).

THE MASTERS OF WISDOM SPEAK ON THE ASCENSION

Maha Chohan

The journey of the spiritual self through the world of form represents a long and variagated series of experiences which, in time, allow the consciousness to absorb enough Wisdom and become Master over the qualification of enough energy to meet the Cosmic Law's demand. Such as one is then graduated from the evolutionary chain and allowed to function in a more perfect Sphere of Expression, according to the voluntary choice of the Individual. The graduation of the lifestream from the necessity for re-embodiment is the ultimate achievement toward which all students upon The Spiritual Path aspire. At the solemn hour of the Ascension, the lifestream faces a great decision as to what Its future service to life will be.

The few who choose to renounce the full happiness and freedom of the Cosmic Heights to remain as the Guardian Brothers of the Race, from whence They have ascended, enter the ranks of The Great White Brotherhord, and assume the responsibilities of Some Great Intelligence who has volunteered to perform a specific service until some member of the race might develop sufficiently to take over such an activity. The Brotherhood is constantly looking for such material and when even one such individual is found, the guidance, training and preparations for the development of the lifestream to a point where it may be vested with more than ordinary powers is indescribable to the human mind.

Morya El

During the course of centuries of time, each lifestream who has embodied on the planet earth has developed certain definite talents and powers of accomplishment through the voluntary investment of life energy to specific interests. This is known as a "momentum" of healing, teaching, musical or artistic genius, as the case may be. It is an integral part of the lifestream's harvest, woven out of the energies of the heartbeat, and is the only heritage of human endeavor which is allowed entrance in to the Higher Spheres and which ascends with the consciousness at the moment when the earth-pull is released from the soul at the close of the final incarnation.

When the Lords of Karma examine the individual for the last time, preceding the Ascension, the full gathered momentum of the lifestream's service to life is presented for consideration before the Karmic Board. If the lifestream is found ready to be freed from the wheel of birth and re-birth, the disposition to which the individual puts his gathered momentum of service must be made before the actual ritual of the Ascension takes place.

Kuthumi Lal Singh

When the Christ Self of the individual signifies to the Cosmic Law that the individual is ready to be released from the chain of birth and rebirth, the Sponsor secures a Hearing before the Karmic Board, whose duty and responsibility it has been to weigh the strengths and weaknesses of the soul through all the centuries that preceded this development. The individual's "Book of life" is examined, the lifestream itself has audience before the Karmic Board, and the assent of this Board is requisite to the freedom of the soul from further re-embodiment.

Because of the exercise of free will, the individual may, however, refuse to accept its freedom, preferring to re-incarnate to further some particular Cause to which it has devoted its energies through many centuries. If such an one does refuse to accept the Ascension, it is always with the clear understanding that such forfeiture makes the lifestream personally responsible for the creation of any future karma that might enchain the soul again, and thus not allow the opportunity for full freedom when and if the soul should change its mind in the future.

Venetian

Individuals who have been offered the Ascension because they had expiated their indivdual karmic debts and had gained mastery over energy and have renounced that freedom to better serve mankind are among the Holiest Sons of Heaven. They wear upon their foreheads a spiritual identification in the form of an open lotus that is easily discernible to all whose inner eye is developed.

No other group of beings, human or divine, have this particular spiritual mark, and wherever they are encountered the Supreme Intelligence of the Universe bows in acknowledgment of Their Presence, Their Sacrifice, Their Love. When these individuals do finally accept their Ascension this Lotus is amplified and even in Heaven's Highest Spheres it is a permanent identification of Their Love and Service to Life that all who run may read.

Serapis Bey

After the individual has appeared before the Lords of Karma, and They have accepted his readiness to graduate from the earth's sphere, he must signify, after deep

(Continued on page 58)

"LET US RUN WITH PATIENCE THE RACE THAT IS SET BEFORE US". — Paul (Heb 12:1)

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A Pan American Monthly Journal
Devoted to
Individual
Unfoldment,
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The Great
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Registered as 2nd Class Matter, and under Postal Franchise Regulations, at the Havana, Cuba Post Office.

Vol. I JANUARY 15, 1953 No. 9

Editor: Thomas Printz. Manager: F. C. Pita. Offices: Dept. 7, Obispo 303,. Postal Address: Apartado 2056, Havana, Cuba. Printing Shops: Lealtad 353, Havana, Cuba.

1953 RATES:

$2.00 a year for ONE personal subscription (12 issues). $5.00 a year for FIVE "Gift Subscriptions" mailed to the addresses you may send, or direct to you; and $1.00 a year extra for each ADDITIONAL "Gift Subscription".

Single copies: 20 cts.

Those subscribing before April 1953 will receive, AS A GIFT, the issues of January, February and March.

OUR ADDRESS IN U.S.A.

Our subscribers and readers in U.S.A. Europe and Asia to insure quicker delivery, should address ALL correspondence referring to "The Bridge", ONLY to our Offices in U. S. A. THE BRIDGE, 1026 Chestnut St. Fourth Floor), Philadelphia, Pa. U.S.A.

EXPLANATORY NOTE — The Gentle Reader is reminded that all religious doctrines and faiths are based on the findings of individuals whose highly developed, purified faculties, exalted vision and uplifted consciousness enabled them to perceive Truth and translate Truth for lesser men.

The articles and features in this Journal are for the purpose of stimulating the development and accuracy of the reader's spiritual faculties and discernment, through encouraging him to travel in consciousness only, and experience the spiritual realities described herein, thus confirming Truth through his own independent, uplifted vision.

THE REQUIREMENT OF THE HOUR

By Thomas PRINTZ

All great world movements, religions and activities, ancient and modern, have been inspired by some member of The Great White Brotherhood in co-operation with a spiritually sensitive individual in physical embodiment at the time of its inception.

The evolution of the individual God-ego from infancy to spiritual maturity is the underlying purpose of all life experience. The Great White Brotherhood is the Spiritual Representative of the God-Will for the planet earth and, through its members, provides the stimulus toward God development for the planet and its people through the release of tremendous Cosmic Forces consciously directed and sustained in the lower atmosphere where embodied man functions.

Wtih the evolution of the race the type of spiritual force requires changes, just as in the growth of nature the seasons provide the natural conditions most beneficial to its prolific expression. You might consider the release of these great Cosmic Outpourings like the playing of a Universal Symphony, each Religion or Activity with its constituents representing one chord or passage in the Great Whole.

To provide channels for the release of these rhythmic pulsations, the Masters have inspired the founding of the various religions and types of worship from the beginning of time, always designing the ceremonials and beliefs around the spiritual requirements of the age.

The Master chooses those lifestreams who are by nature and inclination best suited to conduct the spiritual forces of that particular World Hour, and these people, together with Their Spiritual Leader, become a radiating center through which the Cosmic Forces designed to bless the race flow. This force is absorbed by the souls of men and when that element is sufficiently provided, a new center of vital forces is prepared, a new religion instituted, and a different type of lifestream given an opportunity to become the conductor of world blessing.

Thus each religion and faith is a rhythmic part of The Great Symphony, but it is regrettable that although the Masters work in perfect harmony, the dispensers and recipients of Their life force are oftimes unable to recognize the Unity of Purpose behind the many chords of the Universal Song. Were the notes and themes in our musical compositions as unwilling to relinquish their place to the following chords we would experience the same discords in musical expression that man has experienced through religious bigotry, intolerance and mis-understanding.

The Master Musicians, playing through all the chords on the scene of Modern Spiritual Endeavor constantly work toward the blending of the various scores into a harmonious whole and the people of earth who are but a part of the Great Universal Song would do well to emulate Them in their individual lives.

In modern times, the Masters Koot Humi and Morya El were the pioneers from the higher octaves who succeeded in piercing the veil of human ignorance and convincing a certain number of mankind as to the actual existance of these Elder Brothers of the race, using the late Madame Blavatsky as Their mouthpiece.

However, it is not enough that people become aware of the Living Presence of these Masters, but they must realize that these Emancipated Ones have dedicated Themselves to the redemption of mankind through an awakening of the individual consciousness which will bring liberation from every kind of human limitation, including disease, poverty, wars and yes, ultimately, even death itself.

As in all educational activities, it is logical to assume that there must be co-operation between student and Master. The old saying that "God helps him who helps himself" holds true in this instance and when man is privileged to be shown God's Divine Plan for the earth and its humanity, it would be the part of wisdom for him to enroll under the banner of these Great Benefactors and thus help to promote the speedy evolution of not only himself but the planet and its inhabitants.

The Master Jesus told His disciples nearly two thousand years ago "I have yet many things to say unto you, but ye cannot bear them now". (John 16:12). The Masters of Wisdom apparently consider (as per Their Revelations) that the man of today is mature enough to "bear" enough of Cosmic Truth as will enable him to open his mind to the more advanced doctrine of the New Day, thus enabling him to step boldly through the Door of Knowledge and Enlightenment into the Glory and Freedom of the prophesied Golden Age, the dawn of which is even now illumining the horizon of this too dark world.

The Time has arrived, therefore, when it is *not* sufficient in itself to accept the existance of the Masters of Wisdom; it is *not* sufficient to gratify the feeling nature in reading and re-reading Their Words; it is *not* sufficient to invoke the light to dispel the darkness of human ignorance—the NEED OF THE HOUR is to apply what has been taught not only in recent years but during the past centuries. The NEED OF THE HOUR is to develop man's

(Continued on page 60)

"LET PATIENCE HAVE ITS PERFECT WORK, THAT YE MAY BE PERFECT". — (Jas 1:4)

WINGS OF LIGHT

By V. F. ANGELDAY

"The best things in Life are free". So ran the words of an old song and if you think this over for just a moment, you KNOW it is TRUE! Now, since the majority of mankind are always looking for and hoping to get "something for nothing", would you not think they would be willing, at least once in a while, to think upon, acknowledge, accept and be grateful for those free gifts of Life which make up their very existence here and which are constantly flowing to and thru all?

For instance, your heart beat Can you BUY one, Can anyone else GIVE you another one or even their own? Then that must be a free gift to you ALONE! That rhythmic heartbeat BRINGS YOU LIFE and without it you do not even have existence here. For what purpose does your heart beat to bring you Life? To hold that Life within itself? NO! It beats only to flood that Life into every cell and atom of your body and then that Life radiates out from you to all the Life you contact, charged with the particular quality of thought and feeling which you determine shall influence the world around you.

You can live without many parts of the physical body, but NO ONE lives without a heart. That is the "Cup of Life" within you. In reality it is the "Holy Grail" of your world since it is the anchorage of the holiest thing in the Universe — GOD'S LIFE within your own physical form. That blessed heart beats for just one thing — to give its Gift of Life without reservation, patiently and continously. It asks nothing for itself and holds nothing to itself. Every drop of blood it receives it blesses and sends out again to purify and heal and renew the body it serves. It lives but to give and when it gives no longer, it ceases to be and so does the form which it has served.

And so each form which carries a beating heart is meant to be a "HOLY GRAIL" of all Life's gifts, of Comfort, Joy and Happiness to the rest of Life around it and no one can truthfully say they have nothing to give. No one is so poor he cannot give a smile to everyone he meets, regardless of whether that smile is returned or not — whether it is deserved or not. No one is so poor he cannot live and let live and be willing to help all to have at least as much good as he has. No one is so poor he cannot deliberately practice patience, courtesy, tolerance and kindness to every living thing he meets. All these are the virtues of the happy life and no life can be permanently happy without them. Thru these the substance of the "Cup of Life" flows free to bless all Life it contacts as each one was meant to do.

Every beating heart is a silent announcement to the rest of Life that "Here is another HOLY GRAIL of God's Great Light and Love to bless Life, to make the way easier for the rest of Life and bring comfort, joy and peace where the shadows seem to be".

So many folks seem to think and feel, whenever they see the words "The Holy Grail" or hear it mentioned — "O! that is some religious thing and I am not a religious person. That is something connected with church and Holy Days and I am not interested". And yet, the very form, the very physical body in which they are living and moving about in this world is in itself the "Cup of Life" from the Creator Himself. It, in turn, holds within its own heart the Sacred

(Continued on page 60)

"ADD TO KNOWLEDGE TEMPERANCE; AND TO TEMPERANCE, PATIENCE". — (II Pet 1-6).

THE MASTERS OF WISDOM SPEAK ON THE ASCENSION

(Continued from page 53)

and sincere meditation, as to whether His Christ Self chooses to avail Itself of this opportunity, or whether there is more to be done in the world of men. Those who remain after their karma is expiated, like the Master Jesus, belong to the Sainted Order of the Lotus Flame. Those others stand at a forked pathway where again the individual free will must make the decision as to whether the lifestream taking the Ascension will pass on into the comparative peace and happiness of the Higher Spheres or remain as an Active Worker in the Great White Brotherhood, in actual contact with the lesser evolved sons and daughters of earth.

Those who choose the "bliss of Nirvana" turn over the energies within their momentums of healing, musical accomplishment or whatever the case may be, to Devas who incorporate those energies in the beautiful Fire Temples whose radiation and power serve the earth and its peoples, and they really "will" their heritage to mankind, but take their own Conscious Selves into Realms that no longer have any connection with the struggling lives on the earth plane.

Hilarion

After countless centuries of bondage, you can well imagine the joy that is experienced when the fetters of earth, the limitations of the flesh, and the veil of forgetfulness are once and for all removed from the lifestream.

To attempt to describe those first instants of eternal freedom, is as futile as to attempt to put into finite words a suitable description of the Personage of the Godhead. Suffice to say, that —at the very instant such Freedom is experienced—the lifestream is immediately faced with a free will decision as to whether it shall soar upward into the Cosmic Heights of Peace and Happiness, or — with the glow of freedom still fresh in the heart — turn again to voluntary bondage and centuries of endeavor with the limited consciousness of mankind through some office in The Great White Brotherhood.

It is no wonder that few choose this sacrificial road, and that the many leave their momentum of good for the race, but choose individually to be free of any more of its personal karma.

Jesus

When the soul is passed by the Karmic Board, and the karmic debt is balanced to life, if the individual chooses to accept further incarnations, he does so at his own "peril" because he must submit, as do the volunteers from other planets and systems, to the same natural laws that bind every incarnate spirit. From within an embodied form there is always the possibility of mis-using energy or creating new karma in a successive life, which would become a fetter not to be waved aside by the Karmic Counsel, but which must be mitigated by the self conscious endeavors of its creator. Thus, ofttimes, an individual who has been offered the Ascension and renounced it for service, has not been able to qualify for that Ascension for as many as twelve embodiments thereafter. It is not an easy decision to make.

If, however, the lifestream does take incarnation "without sin" as I was privileged to do, and succeeds in passing through an entire earth life without succumbing to any temptation to mis-use energy, such an one may accept the Ascension at any moment during that earth-life. This was what made my Cosmic Example possible, for, through the great Mercy of life, and the assistance of the Lord Maitreya and Others of the Celestial Host, I was enabled to keep my lifestream ready for the instant when the Cosmic Call of the Presence could be made, and I-self consciously-answered it through the public manifestation of the Ascension.

Saint Germain

If the individual chooses to accept the Ascension when offered it by the Cosmic Board, it is then up to the Presence of such an one, together with the particular Sponsors of the lifestream, to work out the details preparatory to that beautiful ceremony of drawing the purified consciousness into the Christ Estate. Many factors are considered, and every natural assistance is provided in the preparation of the place, at which it is to be accomplished.

In my own case, it was several months after I had passed the final testing before the Karmic Board, before I was enabled to finish up my affairs and retire to the home of a beloved Friend in the Heart of the Transylvania Mountains and prepare for this ultimate experience of earthly victory. Here, I was joined by My Spiritual Teacher and at a given instant at the call of The Presence, I left the arms of My dear Friend, and —with the help of My Teacher — entered the Realms of Perfection, from whence I shall ever strive to assist my brothers and sisters who yet remain on earth until they, too, experience the happiness and peace of this victorious accomplishment.

FORTHCOMING FEATURES

The following articles, among others, will appear in our next issue: The Seven Spheres, The Degree of Vision attained by different Messengers, and The Karmic Law.

"IF WE HOPE THAT WE SEE NOT, THEN DO WE WITH PATIENCE WAIT FOR IT.". Paul (Rom 8:25).

Daily Work Sheet in Spanish

HOJA DE TRABAJO DIARIO

ELEVACION DE LA CONCIENCIA

Del 15 de Enero al 14 de Febrero de 1953

Voy a pedirles a ustedes que dediquen diariamente cinco minutos, preferible a la misma hora tres veces al dia, en la mañana, tarde y noche para dirigir su atención a la Activa Presencia de Dios que late en su corazón, **sintiendo profundamente** la Luz de esa Presencia llenando su cuerpo, su mente, su mundo y sus asuntos. Durante este tiempo puede usarse la siguiente meditación

Maha Chohan:

¡Oh, Tú, Infinita y Sagrada Presencia de Dios! El Origen Divino de TODO! ¡Bendito sea Tu Santo Nombre! Siento por Tí la más profunda gratitud y alabanzas por Tu Suprema Presencia en el Universo, porque Tú eres, "Yo soy"!

Te devolvemos, Ser Todopoderoso, todo el poder y dominio que en el pasado le hayamos dado a cualquier manifestación imperfecta, visible o invisible, porque Tú eres el Unico Poder que existe en el Universo, no hay otro Poder que pueda actuar. Hágase Tu Voluntad en nosotros ahora. !Que Tu Reino se manifiesta a través de la tierra y de todos los que son bendecidos de vivir en ella.

¡Oh, Amado Ser Supremo! Mientras nosotros elevamos nuestros corazones, nuestra visión y nuestra conciencia hacia Tí, vierte la substancia de Tu Divino Ser en cada uno de nosotros, de acuerdo con nuestras necesidades, a fin de que nunca fallemos en nuestro servicio en Tu Nombre.

Invocamos Tu perdón por todas las transgresiones a Tu Ley de Amor y Armonía para nosotros, para toda la Humanidad, para las fuerzas del Reino de los Elementos y el Reino de la Naturaleza. Dótanos ahora con Tu Poder y Deseo para que podamos perdonar a todos los que nos han causado pena, dolor y angustia desde el principio del tiempo.

Porque Tú estás con nosotros y en nosotros, no tememos ningún mal, porque no hay poder fuera de Ti que pueda dañar, destruir o robar la belleza de la expresión de la vida. Tú eres la Fuerza y el Poder que nos guía siempre por el Camino del Bien. ¡Oh Padre de Luz! Muéstranos ahora toda la gloria que nosotros tuvimos contigo en el principio, antes de la existencia del mundo. Así sea.

Daily Work Sheet

ELEVATION of CONSCIOUSNESS

January 15 - February 14, 1953

The Holy Grail

Out of the twenty-four hour period, "I Am" going to ask you to devote five minutes preferably at the same hour three times a day, morning, noon and evening, to turning your attention to the Active Presence of God that beats your heart FEELING DEEPLY the Light from that Presence filling your body mind, world and affairs. During this time, the following meditation may be used:

Maha Chohan Oh Thou Infinite Holy Presence of God! The Divine Source of All! Hallowed be Thy Sacred Name! We bow before Thee in gratitude, praise and thanksgiving for Thy Supreme Presence in the Universe. Because Thou Art, "I Am"!

We return to Thee, Almighty One. all the power and dominion which we have ever vested in any imperfect manifestation, visible or invisible, for Thou art the All Power of the Universe and there is no other power that can act. Let Thy Will be done in us now. Let Thy Kingdom be manifest across the face of this earth, through the hearts of all who are so blessed as to live upon it.

Oh Supreme Beloved One! As we lift our hearts, our vision, our consciousness toward Thee, release the substance of Thy Self to each of us, according to our requirements, that as we move forward in Thy Name and upon Thy Service we shall not be found wanting.

We ask forgiveness for all the

(Continued on page 60)

Daily Work Sheet in German

TAEGLICHES WIRK BLATT

ERHOHUNG DES GEWISSENS

Vom 15. Jan. bis 14. Feb. 1953

In der Periode von vierundzwanzig Stunden moechte "ICH" Sie bitten, dreimal taeglich, und vorzugsweise zu derselben Zeit, fuer fuenf Minuten Ihre Aufmerksamkeit der aktiven "Anwesenheit" Gottes, welche Ihr Herz schlaegt, zu widmen, **tief fuehlend,** wie das Licht von der "Anwesenheit" Ihren Koerper, Umgebung und Angelegenheiten drurchdringt. Waehrend dieser Zeit, folgende innere Betrachtungen koennten benutzt werden:

MAHA CHOHAN — Oh, Du Unendliche Heilige "Anwesenheit" Gott ¡Heiliger Urquell von Allem! Geheiliget Sei Dein Geweihter Name! Wir verneigen uns vor Dir in Dankbarkeit. Lob und Danksagung fuer Deine Allerhoechste "Anwesenheit" im Universum. Weil Du Bist, "ICH BIN".

Wir geben alle Macht und Herrschaft, die wir je durch unvollkommene Aeusserungen und Taten missbrauchten, sichtbar und unsichtbar, zu Dir zurueck, Allmaechtiger Herr; denn Du bist die Allmacht des Universum's, nichts anderes hat Macht. Dein Wille in uns geschehe jetzt. Dein Koenigreich komme ueber die ganze Erde und in die Herzen der Menschen, die gesegnet sind, darauf zu leben.

Oh, lieber Allerhoechster Gebieter! Indem wir unsere Herzen, unsere Vision und unser Bewusstsein aufwaerts zu Dir lenken, versehe Jeden von uns mit den Substanzen Deiner Selbst, je nach Bedarf des Einzelnen, sodass, indem wir vorwaerts schreiten, in Deimen Namen und in Deinem Dienst, uns an nichts mangelt.

Wir bitten um Verzeihung fuer alle Verletzung Deiner Gesetze der Liebe und Harmonie fuer die Menschheit und uns selbst, fuer das Koenigreich der Elemente und das der Natur. Verleihe uns Deine Kraefte und Deinen Willen, dass wir Allen vergeben koennen, die uns Unrecht taten, bis zurueck zu Beginn aller Zeiten.

Da Du mit uns und in uns bist fuerchten wir kein Uebel, denn es gibt keine Macht abgesehen von Dir, die uns verletzen, zerstreuen oder den Ausdruck des Leben's Schoenheit rauben kann. Du bist die Kraft und die Macht, mit der wir immer auf den Wegen der Gerechtigkeit schreiten, doch jetzt — oh Vater des

(Fortgesetzt auf seite 60)

"IN YOUR PATIENCE POSSESS YE YOUR SOULS". — Jesus (Luke 21:19).

WINGS OF LIGHT...

(Continued from page 57)

Three-fold Flame of Life whose Flame keeps the body warm from within and makes existence possible here. This is the "Holy of Holies", the actual PRESENCE OF GOD, into which no discord of the outer self ever enters to despoil its Peace and Perfection.

This is another beginning this month — the birth of a brand New Year. Let it be the beginning of a deeper understanding of our own Life, the most precious gift in all the Universe to each one, and let us find out what we are meant to do with that Life as God intends. Think on this just a little bit and ask the "Holy Grail" within you to pour Its Essence of Love and Light into your outer consciousness, teach you all about Itself and make you all It wants you to be. Only then will you be Master of your world and the Life, the substance and energy that flows into it.

DAILY WORK SHEET...

((Continued from page 59)

transgressions of Thy Law of Love and Harmony for ourselves and all mankind, for the forces of the elemental kingdom and the kingdom of nature. Endow us now with Thy Power and Desire to so forgive all who have ever caused us distress, back unto the very beginning of time.

Because Thou art with us and in us, We fear no evil, for there is no power apart from Thee which can hurt destroy or despoil Life's beauty of expression. Thou art the strength and the power by which we move ever in The Path of Righteousness, and now —Oh Father of Light — show us the full glory we had with Thee in the beginning, before the world was. So Be It.

NEW RATES

As THE BRIDGE has doubled the number of its pages, and as the cost of production has increased, we beg to announce our new rates starting from our second year, that is from April 1953. Please see notice of new rates and our address in U.S.A. on page 56, first column.

A VISIT TO GLASTONBURY...

(Continued from page 54)

the air touched them, they crumbled into dust.

At least, that is the story they tell. We also looked at what is said to be the exact spot where Sir Bedivere (one of Arthur's knights) cast the sword 'Excalibur' into the lake at the King's dying request. The lake has long since dried up and the site is now a green cow pasture.

In the Abbey Grounds may be seen also the pink hawthorn tree which grew from Joseph of Arimathea's staff which he struck into the ground and forgot. The tree blooms at Christmas time and again in the Spring. Joseph Himself is supposed to have died and was buried here and the sarcophagus which held his remains is reverently preserved in a prominent place in Saint John's Chapel in the town proper".

These are only a few of the many interesting things in and about this hallowed spot.

THE REQUIREMENT...

(Continued from page 57)

latent powers in order to establish a direct and conscious contact with these Divine Teachers. The NEED OF THE HOUR is for man to acquaint himself with the present Activities of The Great White Brotherhood. The NEED OF THE HOUR is for each man to turn within, consciously contact and connect his outer consciousness with his own Christ Self, thus becoming not only a Receiving but a Radiating Center to all the life he contacts in his daily living.

To satisfy this requirement is the Service that THE BRIDGE has come to render.

TAEGLICHES WIRK BLATT

(Fortsetzung von seite 59)

Lichts — zeige uns die voellige Herrlichkeit. die wir im Anfang mit Dir hatten, bevor die Welt war. So sei es.

IS THAT YOU, MASTER?

"Is that YOU, Master?", cried my heart
From out its shroud of doubt and fear.
"We have lived so long apart,
Can I believe that THOU art here?"

I feel a dam burst in my heart
And all my foolish, childish pains
Rush in torrents from my soul...
I find myself at peace again.

To one as filled with sin as I,
Among a million sons of men
My hope exceeds good reason's guard,
Let me not be deceived again.

Oh God, don't let credulity
Deceive me in this hopeful hour,
Reveal to me without delay
What PRESENCE brings This blessed Power.

Are these Your Words of Counsel Lord,
That contain no sting of cruel blame,
But rather fill my emptiness
With a renewing, hopeful Flame?

Is that Your PRESENCE, Master Dear,
That stands in Friendship by my side?
With Thee, I could move forward now
In God victorious— whate'er betide.

Oh Holy Comforter! I know
The gentle peace that fills my soul,
My strength renewed, my Spirit fired,
My faith and purpose now made whole.

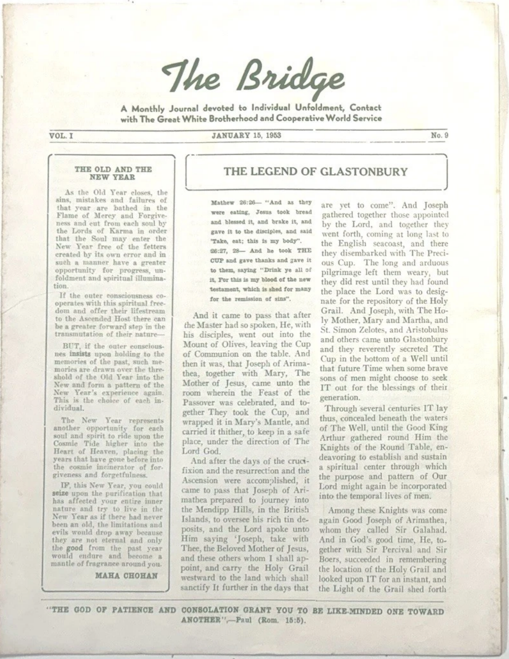
Have I been so long with thee
And ye not know my Presence yet?
'Tis not by form but ESSENCE. child,
The Measure of the Christ is set.

The fruit falls not far from the parent tree
Nor the Master's works from the Father's Throne
Where Comfort, Hope and Peace abide
The Father's Will is being done.

The Father's Sons are Love Divine
Their Garments hemmed with Mercy's thread
Whosoever touches the fringe of the Robe
In Paths of Truth are gently lead.

—Anon.

"FOR YE HAVE NEED OF PATIENCE". — Paul (Heb 10:36).



The Bridge

A Monthly Journal devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

VOL. I JANUARY 15, 1953 No. 9

THE OLD AND THE NEW YEAR

As the Old Year closes, the sins, mistakes and failures of that year are bathed in the Flame of Mercy and Forgiveness and cut from each soul by the Lords of Karma in order that the Soul may enter the New Year free of the fetters created by its own error and in such a manner have a greater opportunity for progress, unfoldment and spiritual illumination.

If the outer consciousness cooperates with this spiritual freedom and offer their lifestream to the Ascended Host there can be a greater forward step in the transmutation of their nature—

BUT, if the outer consciousnes **insists** upon holding to the memories of the past, such memories are drawn over the threshold of the Old Year into the New and form a pattern of the New Year's experience again. This is the choice of each individual.

The New Year represents another opportunity for each soul and spirit to ride upon the Cosmic Tide higher into the Heart of Heaven, placing the years that have gone before into the cosmic incinerator of forgiveness and forgetfulness.

IF, this New Year, you could **seize** upon the purification that has affected your entire inner nature and try to live in the New Year as if there had never been an old, the limitations and evils would drop away because they are not eternal and only the **good** from the past year would endure and become a mantle of fragrance around you.

MAHA CHOHAN

THE LEGEND OF GLASTONBURY

Mathew 26:26— "And as they were eating, Jesus took bread and blessed it, and brake it, and gave it to the disciples, and said "Take, eat; this is my body".

26:27, 28— And he took THE CUP and gave thanks and gave it to them, saying "Drink ye all of it, For this is my blood of the new testament, which is shed for many for the remission of sins".

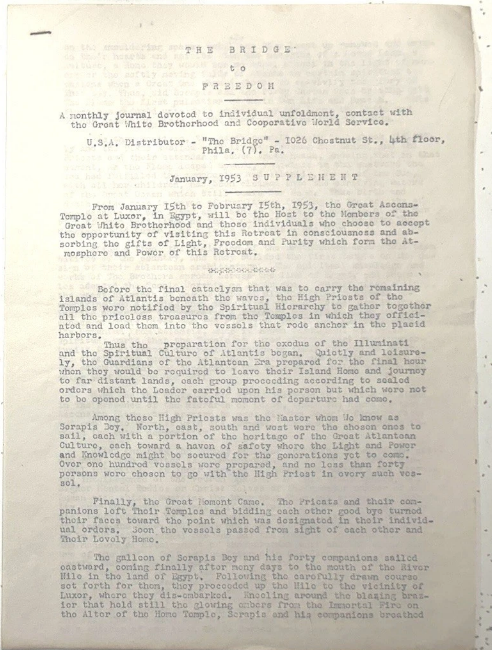
And it came to pass that after the Master had so spoken, He, with his disciples, went out into the Mount of Olives, leaving the Cup of Communion on the table. And then it was, that Joseph of Arimathea, together with Mary, The Mother of Jesus, came unto the room wherein the Feast of the Passover was celebrated, and together They took the Cup, and wrapped it in Mary's Mantle, and carried it thither, to keep in a safe place, under the direction of The Lord God.

And after the days of the crucifixion and the resurrection and the Ascension were accomplished, it came to pass that Joseph of Arimathea prepared to journey into the Mendipp Hills, in the British Islands, to oversee his rich tin deposits, and the Lord apoke unto Him saying 'Joseph, take with Thee, the Beloved Mother of Jesus, and these others whom I shall appoint, and carry the Holy Grail westward to the land which shall sanctify It further in the days that are yet to come". And Joseph gathered together those appointed by the Lord, and together they went forth, coming at long last to the English seacoast, and there they disembarked with The Precious Cup. The long and arduous pilgrimage left them weary, but they did rest until they had found the place the Lord was to designate for the repository of the Holy Grail. And Joseph, with The Holy Mother, Mary and Martha, and St. Simon Zelotes, and Aristobulus and others came unto Glastonbury and they reverently secreted The Cup in the bottom of a Well until that future Time when some brave sons of men might choose to seek IT out for the blessings of their generation.

Through several centuries IT lay thus, concealed beneath the waters of The Well, until the Good King Arthur gathered round Him the Knights of the Round Table, endeavoring to establish and sustain a spiritual center through which the purpose and pattern of Our Lord might again be incorporated into the temporal lives of men.

Among these Knights was come again Good Joseph of Arimathea, whom they called Sir Galahad. And in God's good time, He, together with Sir Percival and Sir Boers, succeeded in remembering the location of the Holy Grail and looked upon IT for an instant, and the Light of the Grail shed forth

"THE GOD OF PATIENCE AND CONSOLATION GRANT YOU TO BE LIKE-MINDED ONE TOWARD ANOTHER",—Paul (Rom. 15:5).



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to
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January, 1953 SUPPLEMENT

From January 15th to February 15th, 1953, the Great Ascens-Temple at Luxor, in Egypt, will be the Host to the Members of the Great White Brotherhood and those individuals who choose to accept the opportunity of visiting this Retreat in consciousness and absorbing the gifts of Light, Freedom and Purity which form the Atmosphere and Power of this Retreat.

* * *

Before the final cataclysm that was to carry the remaining islands of Atlantis beneath the waves, the High Priests of the Temples were notified by the Spiritual Hierarchy to gather together all the priceless treasures from the Temples in which they officiated and load them into the vessels that rode anchor in the placid harbors.

Thus the preparation for the exodus of the Illuminati and the Spiritual Culture of Atlantis began. Quietly and leisurely, the Guardians of the Atlantean Era prepared for the final hour when they would be required to leave their Island Home and journey to far distant lands, each group proceeding according to sealed orders which the Leader carried upon his person but which were not to be opened until the fateful moment of departure had come.

Among these High Priests was the Master whom We know as Serapis Bey. North, east, south and west were the chosen ones to sail, each with a portion of the heritage of the Great Atlantean Culture, each toward a haven of safety where the Light and Power and Knowledge might be secured for the generations yet to come. Over one hundred vessels were prepared, and no less than forty persons were chosen to go with the High Priest in every such vessel.

Finally, the Great Moment Came. The Priests and their companions left Their Temples and bidding each other good bye turned their faces toward the point which was designated in their individual orders. Soon the vessels passed from sight of each other and Their Lovely Home.

The galleon of Serapis Bey and his forty companions sailed eastward, coming finally after many days to the mouth of the River Nile in the land of Egypt. Following the carefully drawn course set forth for them, they proceeded up the Nile to the vicinity of Luxor, where they dis-embarked. Kneeling around the blazing brazier that held still the glowing embers from the Immortal Fire on the Alter of the Home Temple, Serapis and his companions breathed

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January, I953 SUPPLEMENT

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